



## ILLINOIS NURSING HOME ADMINISTRATORS ASSOCIATION

P.O. Box 483, North Aurora, IL 60542 Phone: 708-800-6161 Fax: 708-248-8078 E-mail: [sgardiner@inhaa.org](mailto:sgardiner@inhaa.org)



\* 11 Continuing Education Credits for Administrators and Nurses \*

15 Choices for Presentations \* 80 Trade Show Exhibitors \* Separate Programs for SNF & NF, DD, SLF & AL

**Hear the Latest Topics and Trends from Front-line Experts to Help Us Serve Those Who Served Us**

- Achieving Person Centered Care
- The Latest on Managed Care in Illinois
- The Healthy Humorist: An MD's Perspective
- Financial Data: Are You Getting The Most From It?
- The Sweeping CMS Proposed Rule
- Energy Efficiency by Going Green
- Risk Management and the MDS
- The Latest on Drugs
- Spicing Up Your Food Service
- Nursing Facility IDPH/HFS Update
- DD Facility IDPH/DHS Update
- Hot Topics and Trends in ALF/SLF
- Undisturbed Sleep at Night- The key to Good Health
- The Healing Power of Laughter



## ILLINOIS NURSING HOME ADMINISTRATOR'S ASSOCIATION

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# **Illinois Nursing Home Administrators Association**

## **2015 Annual Convention and Trade Show**

### *A Tribute to Our Veterans:*

# ***Serving Those Who Served Us***

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## **MONDAY, NOVEMBER 16**

**6:00 – 7:30 pm: Early Bird Reception**

## **TUESDAY, NOVEMBER 17**

**7:00 – 8:15 am: Registration and Buffet Breakfast**  
**Sponsored by SOUTHERN BUS**

**8:30 – 10:00 am: Concurrent Sessions:**

### **SERVING THOSE WHO SERVED US**

The theme for this year's convention is honoring the members of the armed forces who have served and protected us. Many of these brave men and women need our care.

How can we make their quality of life better in the future? How are the needs of those who have served in the armed forces different from the others we care for in our nursing homes? This session will highlight the present needs and past experiences of the veterans we now care for.

**Presenter: Mr. Len Winnicki**, IDVA Senior Nursing Home Administrator, Illinois Department of Veteran Affairs

### **PERSON CENTERED CARE: IT'S IMPORTANCE IN TODAY'S ENVIRONMENT**

Caring for our veterans or caring for any of our residents requires knowing not only their past but what makes them who they are today and their routines. The regulations recently proposed by CMS have a great emphasis on person-centered care. This session will help you understand what person-centered care really means, how you can achieve it and tools to use to obtain your goal.

**Presenters: Lisa Bridwell**, Senior Quality Improvement Manager and **Nell Griffin**, Quality Improvement Manager, for **Telligen**, the Illinois QIO.

### **THE LATEST ON MANAGED CARE**

Managed Care is no longer a new partner in long term care. Most facilities have contracts with these providers and strive to become a preferred provider in this system.

What is new with managed care? What is changing? What do managed care companies look for in a nursing home? The answer to these questions and others will be part of this session.

**Presenter: Representatives from Cigna Health Spring**

**10:15 – 11:45 am: General Session and Election of INHAA Board of Directors:**

### **THE HEALTHY HUMORIST**

**Dr. Brad Nieder, MD, CSP** blends healthcare humor with wellness advice and an uplifting message. Laughter is essential for managing pain, enhancing immune system function, reducing stress and more. Dr. Nieder connects particularly with healthcare audiences and was specifically commended by the Missouri Health Care Association as "the best opening speaker we ever had."

**Presenter: Brad Nieder, MD, CSP** worked his way through college and medical school as a stand-up comedian – finding plenty of material in healthcare. Recent feedback: "It has been a long time since I've laughed that hard. Many comedians tell jokes, with little purpose other than to make us chuckle. However, Brad's humor is constructive and has a healthy message. By the end of his program, you just feel better. Isn't that what a good physician is supposed to do: make you feel better. Brad does just that."

**11:45 am – 12:45 pm: Lunch and INHAA Annual Meeting. Sponsored by PODIATRY PLUS**

**12:45 – 2:15 pm: Trade Show**

## **2:15 – 3:45 pm: Concurrent Sessions:**

### **FINANCIAL DATA: ARE YOU GETTING THE MOST FROM IT?**

With so many regulatory and reimbursement changes going on in the long term care setting, it's important to know where your skilled nursing facility stands financially. Financial statements, Medicaid Cost Reports and account receivable logs, to name a few, are financial tools that contain a wealth of information regarding the fiscal health of your facility. With the proper tools and understanding, decision makers can evaluate these reports and determine if and what changes can be made for the betterment of the SNF.

Presenters: **Moriel Hamui & Steven Lavenda** from FR&R Healthcare Consulting Group. Steven Lavenda is vice-president of the FR&R Healthcare Consulting Group with more than three decades experience and is recognized as one of the premier Medicaid cost report analysts in Illinois.

### **ENERGY EFFICIENCY BY GOING GREEN**

Learn what options are available to save energy and apply for cash incentives to help cover the initial costs of an energy efficient project and help save money on utility bills in the future.

This session will help you determine what energy efficiency is; learn how to be energy efficient; and know where to look for assistance in funding and completing projects.

**Presenter: Michelle Hibbard**, Ameren, has ten years of marketing experience. She works with communities to raise awareness of the Ameren Illinois ActOnEnergy Business Program.

### **THE SWEEPING CMS PROPOSED RULE**

CMS just proposed the most sweeping rule changes for long term care certification in more than twenty years, affecting abuse reporting, QAPI, care planning, ethics, staffing, discharge procedures, infection control, physician services and more. This session will review these proposed regulations affecting every aspect of our operations.

**Presenter: Bill Bell** is the regulatory director for the Illinois Health Care Association and was Deputy Associate Director of the Illinois

Department of Public Health for nearly three decades.

## **4:00 – 5:30 pm: Concurrent Sessions:**

### **RISK MANAGEMENT AND THE MDS**

This session will identify when a facility's risk management efforts should start, understand the resources available to identify potential risk management issues, and recognize the liability risks inherent in the Minimum Data Set (MDS) and their relationship to the claims related to the MDS.

**Presenter: Nick Lynn R.Ph, J.D.**, Vice Chair of Duanne Morris, LLP former IDPH division chief, and General Counsel to IHCA and INHAA. **Joan McCarthy, MJ, LNHA, RAC-CT**, her expertise includes analysis of operational and clinical systems, Medicare and Medicaid services.

### **MEDICATION RECONCILIATION: IT'S A MUST**

Continuity of care has become a major focus in the care and transfer of the elderly from one care site to another. Regulations, penalties for readmissions, and risk management all refer to the importance of this duty. CMS is introducing regulations that put even more emphasis on drug reviews and reconciliation. This session will guide you through what you need to meet all these requirements and ensure the safety of the resident.

**Presented by: Representative from Lilly Pharmaceuticals.**

### **SPICING UP YOUR FOOD SERVICE**

Research has shown the presentation of food is just as important as the taste. For years presentation has not been an emphasis in most nursing homes. With the changing environment, the demand for restaurant style presentation is increasing. This session will show you how you can improve food presentation and the quality of life for your residents. Might even bring the chefs along.

**Presenter: Representatives from US Foods**

## **6:00 – 7:30 pm: Social Mixer Sponsored by UVANTA Pharmacy**

# **WEDNESDAY, NOVEMBER 18**

**7:00 – 8:00 am: Breakfast Buffet Sponsored by  
OVITSKY VISION CARE**

**8:15 – 9:45 am: Concurrent Sessions:**

## **NURSING FACILITY REGULATORY AND REIMBURSEMENT UPDATE**

This session will review the most recent developments and future updates in the federal CMS and state IDPH long term care survey and enforcement process and in the HFS Medicaid reimbursement and managed care programs.

**Presenters: Connie Jensen, BSN, is Division Chief of the IDPH Division Education and Training. Kelly Cunningham is the HFS Deputy Medicaid Administrator.**

## **DHS/IDPH DD FACILITY UPDATE**

This session provides an overview of the primary IDPH survey, DHS reimbursement, marketplace and legal developments and trends in facilities serving clients with developmental disabilities.

**Presenters: Jacqueline Manker is the Supervisor for the IDPH Division of DD and SMHRF Enforcement. Rita Hoskins is the DHS Bureau Chief of Community Reimbursement. Marie Rucker is Director of the Center for Developmental Disabilities Advocacy and Community Supports.**

## **HOT TOPICS AND TRENDS IN ALF/SLF**

This session will provide the latest information on Assisted Living and Supportive Living Facilities in Illinois, including federal and state public policy trends, regulatory developments and benchmark data for cost analysis.

**Presenters: Wayne Smallwood is Executive Director of the Affordable Assisted Living Coalition and previously worked for IDPA/HFS for 32 years, retiring as the Chief of the Bureau of Long Term Care. Steve Lavenda is vice-president of the FR&R Healthcare Consulting Group with more than three decades experience and recognized as one of the premier Medicaid cost report analysts in Illinois. Neville Bilimoria is a partner with Duane Morris, LLP, and was named one of the top**

40 attorneys in Illinois under 40 in 2005. And a leading Lawyer" in healthcare law.

**10:00 – 11:30 am: General Session**

## **UNDISTURBED SLEEP AT NIGHT- THE KEY TO GOOD HEALTH**

CMS and long-term care providers have never considered sleep as an integral part of the plan of care and services provided for the resident. The Restorative Sleep Vitality Program (RSVP) is a combination of nationally recognized evidence-based, sleep hygiene research studies and the application of cutting edge practices to enhance residents' sleep & wake. Empira is challenging some of the standards of practice and operational procedures for providing care and services in skilled nursing facilities.

**Presenter: Sue Ann Guilderman, MA, BA, RN**

Sue Ann Guilderman is Director of Education and Quality Improvement at Empira She has over thirty-five years of experience providing education, leadership and consultation to long-term care organizations. She is a Registered Nurse with a BA and MA in communication and adult education.

**11:30 pm – 1:30 pm: Trade Show and Lunch**

**1:30 – 3:30 pm: Closing Session**

## **THE HEALING POWER OF LAUGHTER**

Overcoming struggles of cancer and losing her business and her home, Diana Jordan shares what she has learned about choosing to be happy in the face of obstacles, and how important perseverance and tenacity, love and laughter is in our lives, no matter the circumstances.

**Presenter: Diana Jordan** has been chosen by Oprah Winfrey as "one of the funniest people on the planet" and appeared in the movie "Jerry McGuire" with Tom Cruise. Diane was nominated by the prestigious American Comedy Awards as one of the Top Female Comedians in the country. She is a best selling author of "A wife's Little Instruction Book – Your Survival Guide to Marriage without Bloodshed." Diana has also entertained our troops in Germany and Asia.

818-692-6118

## **LOCATION & LODGING FOR THE NOVEMBER 17-18, 2015 CONVENTION AND TRADE SHOW**

**CROWNE PLAZA HOTEL AND CONFERENCE CENTER  
3000 South Dirksen Parkway, Springfield, IL 62703  
Reservations at 217-529-777 or 800-589-CROWNE**

**INHAA Room Rates before October 30, 2015: Both double, queen and king – \$113.00 plus tax.  
Reserve your room today! Remember to mention INHAA when making reservations.**

### **CONTINUING EDUCATION**

The Illinois Department of Financial and Professional Regulation has approved INHAA as a sponsor of continuing education for Illinois Nursing Home Administrators (License #139-000052) and Nurses (License #236-000008). This conference offers Administrators and Nurses 6 CEs on Wednesday and 5 CEs on Thursday.

### **REGISTRATION FEES**

INHAA members and others from their staff pay the member fee of \$125. Non-members pay \$225.

**Registrations made after November 10 and at the door must include a late fee of \$50 per person.**

Registrations will not be guaranteed without a payment. Credit card payments (Master Card and VISA only – no AMEX) are available for pre-registration and also on-site.

### **CANCELLATION POLICY**

A full credit voucher toward a future INHAA conference will be issued (upon written request to the Association Office) for cancellation for any reason 14 or more days prior to the conference. For cancellations 13 or fewer days prior to the conference, a non-refundable fee of \$25 will be assessed for each reservation and a credit voucher will be issued for the remaining balance. Credit or refunds will not be issued for partial attendance or “no shows.” All credit vouchers are valid for twelve months from issue date.

### **SAVE THE DATES! UPCOMING INHAA EVENTS CALENDAR 2016 CONFERENCES and CONVENTION**

**March 9-10 at the Par-A-Dice Hotel in East Peoria  
June 8-9 at the Chateau in Bloomington  
August 3-4 at the Par-A-Dice Hotel in East Peoria  
November 2-3 at the Springfield Crowne Plaza**

### **DON'T PAY NON-MEMBER RATES CONVENTION RATES WHEN YOU CAN BE A MEMBER ALL NEXT YEAR FOR THE SAME ONE-TIME CHARGE!**

Convention rates for INHAA members are \$125.00 and \$225.00 for non-members – but the rate for joining INHAA for 2016 is only \$100 – and you can attend 2015 Convention at member rate on your 2016 membership. Membership in this professional association allows you to attend all four conferences next year – offering more than 40 CE hours - at member rates, provides a monthly newsletter, and gives you one of the best networking opportunities with other administrators and administrative nurses in Illinois. Additionally, if you the administrator are a member, anyone on your staff can attend INHAA conferences at member rates. To download a membership application click [here](#) or go to [www.inhaa.org](http://www.inhaa.org).



**ILLINOIS NURSING HOME  
ADMINISTRATOR'S ASSOCIATION  
THE 2015 ANNUAL CONVENTION AND TRADE SHOW  
NOVEMBER 17-18, 2015 - SPRINGFIELD CROWNE PLAZA**

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My check payable to INHAA is enclosed. Mail registration and check to: INHAA, P.O. Box 483, N. Aurora, IL 60542

Credit card payment may be mailed or faxed to INHAA at 708-248-8078. MasterCard or Visa ONLY

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Print cardholder name \_\_\_\_\_ Authorized Signature \_\_\_\_\_

Facility or Business Name \_\_\_\_\_

Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_ E-mail \_\_\_\_\_

*INHAA members and others from their staff each pay \$125. Non-members pay \$225*

Name:	Adm. License # or Nurse License # or Title	Circle Registration Fee: Member	Non-Member
		\$125	\$225
		\$125	\$225
		\$125	\$225
		\$125	\$225

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Add \$50 per person after November 10: \_\_\_\_\_

TOTAL AMOUNT DUE: \_\_\_\_\_

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Please assist us in estimating how many people may attend each session so we can determine the right size room to accommodate the expected audience, meals and drinks, and the appropriate number of handout materials to order. This information serves only as a tool to help project attendance and will not be considered a firm commitment.

Number of your registrants likely to attend each time slot:

**MONDAY, NOVEMBER 16 SCHEDULE**

Early Bird Reception (6:00 – 7:30 pm)

**TUESDAY, NOVEMBER 17 SCHEDULE**

Concurrent Workshops (8:30 – 10:00 am – pick one)

Serving The Special Needs of Veterans

Achieving Person Centered Care

The Latest on Managed Care

General Session (10:15 – 11:45 am):

The Healthy Humorist – an MD's Perspective

Lunch and Annual Meeting (11:45 am – 12:45 pm)

Trade Show (12:45 – 2:15 PM)

Concurrent Workshops (2:15 – 3:45 pm – pick one)

Financial Data- Are You Getting the Most from It

Energy Efficiency by Going Green

The Sweeping CMS Proposed Rule

Number of your registrants likely to attend each time slot:

Concurrent Workshops (4:00 - 5:30 pm – pick one)

Risk Management and the MDS

The latest on Drugs

Spicing Up Your Food Service

Social Mixer (6:00 to 7:30 pm)

**WEDNESDAY: NOVEMBER 18 SCHEDULE**

Concurrent Workshops (8:15 – 9:45 am – pick one)

Nursing Facility Regulatory and Reimbursement Update

DHS/IDPH DD Update

Hot Topics and Trends in ALF/SLF

General Session ((10:00 – 11:30 am)

Undisturbed Sleep at Night- the Key to Good Health

Trade Show and Lunch (11:30 am – 1:30 pm)

Closing Session (1:30 – 3:30 pm):

The Healing Power of Laughter