

Last Advocate Newsletter and Member Conference Rate – If You Are Not a 2015 INHAA Member

This will be your last Advocate newsletter if you have not renewed or signed up to be a 2015 member of the Illinois Nursing Home Administrators Association. Members who have signed up or renewed have received email verifications.

As a member administrator or nursing director, you and all of the staff in your nursing facility can attend INHAA's Continuing Education approved conferences and convention at the most reasonable continuing education rates in Illinois – at one-half to one-third of other associations. The member rate for a year is equal to the non-member charge for one conference. INHAA offers 40 quality continuing education hours every year, covering the most relevant front-line issues that administrators and nursing directors confront every day. If you have not yet renewed for 2015, [click here for a membership brochure](#).

“Hot Topics That Can Burn You” INHAA Conference in East Peoria on March 18-19

INHAA's **“Hot Topics That Can Burn You”** Conference will take place on March 18-19 at the Par-A-Dice Hotel and Conference Center in East Peoria. Ten continuing education units for administrators and nurses will be offered covering today's must-know relevant topics, including:



- The New Surveyor Guidance on F309 and F329 on Dementia Care
- Practical Steps in Reducing Psychotropic Medications
- Navigating the Changing Managed Care Landscape
- Understanding LSC through Penetration Firestop
- Clinical Management and Justification for RUGs Rehabilitation
- Being Prepared for the Medicaid
- RUGs 48 Audits – Don't Be Surprised and Don't Be Caught Short

[Click here for the brochure and registration.](#)

INHAA Employment Opportunity

The Illinois Nursing Home Administrator's Association (INHAA) is looking for a management individual or team to coordinate the operations of the association. Please see full ad later in [Employment Alley](#).

Illinois and the Nation: CMS Enforcement Data

Last month representatives of the Illinois Nursing Home Administrators Association attended the annual two-day Region V CMS conference of the Midwest region's six state health departments, ombudsmen, and provider associations to review and discuss key issues of the past year and for the coming year. CMS shared the following comparative enforcement data between the nation and Illinois for federal fiscal year 2014 (October 1, 2013 to September 30, 2014):

	Illinois	United States
Average number of deficiencies on standard surveys	5.4	5.7
Total number of deficiencies cited	4552	79,965
Percent cited at Level 4 (J,K,L)	1.1%	0.9%
Percent cited at Level 3 (G,H,I)	2.5%	2.2%
Percent cited at Level 2 (D,E,F)	85.6%	91.9%
Percent cited at Level 1 (A,B,C)	10.9%	5.0%
Average number of deficiencies on complaint surveys	0.5	0.5
Percent cited at Level 4 (J,K,L)	3.6%	4.9%
Percent cited at Level 3 (G,H,I)	9.1%	8.0%
Percent cited at Level 2 (D,E,F)	82.9%	84.3%
Percent cited at Level 1 (A,B,C)	4.4%	2.8%
Average total CMP fined on a per day basis	\$29,468	\$27,579
Average number of days for CMP fine	25	31
Average per instance CMP fine	\$3,820	\$2,963
Total fines collected on per day CMP (total facilities fined)	\$3,919,274(133)	\$48,877,889(1736)
Total fines collected on per instance CMP (total facilities fined)	\$68,765 (18)	\$2,826,262 (954)

Top Ten Violations for 2014

According to CMS, the top ten violations found on 788 standards surveys in Illinois (and 14,125 standard surveys in the United States) during 2014 were:

F-tag	Description	% Surveys Cited	National % Surveys Cited
F441	Infection Control	48.9%	37.5% (#1)
F323	Accidents	42.0%	29.7% (#3)
F371	Food Service Sanitation	31.0%	35.3% (#2)
F329	Unnecessary Drugs	22.6%	21.7% (#5)
F315	Catheterization	19.9%	--
F309	Highest Practicable Well-Being	19.5%	24.2% (#4)
F314	Pressure Sores	19.5%	--
F226	Policies for Abuse	18.3%	--
F332	Med Error Rates over 5%	16.1%	--
F465	Safe Environment	15.9%	--

Other F tags in the national top ten were:
 F431 – Labeling of Medications – 20.4%
 F279 – Comprehensive Care Plans – 18.9%
 F241 – Dignity – 15.1%
 F514 – Clinical Records – 14.5%
 F282 – Services by Qualified Professionals – 13.9%

The top ten violations in 2014 from 3066 complaint survey in Illinois (and 48,862 in the United States) were:

F-tag	Description	% Surveys Cited	National % Surveys Cited
F323	Accidents	7.1%	5.4% (#1)
F309	Highest Practicable Well-Being	3.8%	4.1% (#2)
F157	Inform of Changes in Condition	3.6%	2.4% (#4)
F225	Failure to background check	3.1%	2.8% (#3)
F226	Abuse	2.8%	2.4% (#5)
F314	Pressure Sores	2.1%	--
F312	ADL Care	1.5%	--
F333	Significant Med Errors	1.5%	--
F441	Infection Control	1.3%	1.9% (#7)
F315	Catheterization	0.9%	--
F465	Safe Environment	0.9%	--

The other top ten violations from complaint surveys in the United States were:

F514 – Clinical Records - 2.1% (#6)
 F281 – Services Meet Professional Standards - 1.8% (#8)
 F282 – Services by Qualified Professionals -1.6% (#9)
 F279 – Care Plans - 1.6% (#10)

Top Ten Illinois Life Safety Code Violations and Why They Occur

At the regional CMS meeting last month, CMS also released the top ten Life Safety Code violations for Illinois for the 2014 federal fiscal year. In 743 Illinois LSC surveys and 13,143 national surveys, those top ten violations were:

K-tag	Description	% IL Surveys Cited	% National Surveys Cited
K62	Sprinkler system maintenance	60.4%	31.5% (#1)
K18	Corridor Doors	49.0%	24.9% (#4)
K147	Electrical Wiring and Equipment	46.7%	30.8% (#2)
K144	Generators inspected/tested	46.4%	15.6% (#9)
K50	Fire Drills	45.1%	15.6% (#8)
K29	Hazardous Areas Separation	42.8%	25.8% (#3)
K25	Smoke Partition Construction	42.7%	17.4% (#6)
K38	Exit Access	39.2%	19.6% (#5)
K48	Evacuation Plan	35.9%	--
K54	Smoke Detector Maintenance	33.9%	--

Nationally the other two most frequent citations were K56 automatic sprinkler systems – 15.6% (#7) and K52 Testing of Fire Alarms – 12.6% (#10).

The following helpful hints were distributed by CMS Region V as to why the most frequent deficiencies are cited, based on the top deficiency numbers for Region V from FY14:

K62 – Sprinkler System Inspection, Testing, and Maintenance

- Sprinklers cannot be painted, corroded/oxidized, loaded, or have other impediment
- The spare sprinkler cabinet must contain at least six sprinklers, with the stock being at least two of each type and temperature rating of sprinkler installed in the building. Also, there must be a special sprinkler wrench for each type of sprinkler

K29 – Hazardous Areas

- Hazardous area enclosures may need to be 1 hour fire-resistance-rated in addition to requiring sprinkler protection (New HC and severe hazard existing HC)
- Doors for all hazardous areas need to fully self-close (All hazardous room doors will be tested on a survey)
- Soiled utility bins need to be stored in a hazardous room when unattended
- Doors can only be held open by a device that releases upon activation of the fire alarm system, local smoke detectors, and/or the sprinkler system

K18 – Corridor Doors

- Corridor doors can be held open with a device that releases with a push or pull of the door, if the door is not required to be self-closing or automatically releases upon activation of the fire alarm system if required to be self-closing
- Corridor doors must be smoke resisting (gap between the face of door and the stop on the frame cannot exceed .5 inch).
- Corridor doors require automatic positive latches

K144 – Emergency Generators

- Weekly visual inspections must be conducted and documented (Manufacturer's recommendation list or list of applicable items from NFPA 110 Appendix A)
- Monthly load tests must be done for a minimum of 30 minutes under load (cool down without load must be outside of the 30 minute test)
- Monthly load tests for all generators must meet one of the requirements of NFPA 110 Section 6- 4.2 (There must be sufficient information to show how the load tests meet requirements)
- A remote annunciator panel must be installed in a separate location from the generator with an audible trouble signal in a location where it can be heard 24 hours a day (Remote panel trouble indicators should at a minimum mirror the trouble indicators on the generator. If no trouble indicators on generator, remote panel should consist of a general audible and visual trouble alarm) - If generator is located indoors there must be a battery-powered emergency light in the generator room. If the generator is located outdoors then there either needs to be a battery-powered emergency light at the generator location or it needs to be accessible for a car to provide illumination with its headlights (A flashlight at the generator location does not meet this requirement)

K147 – Electrical

- Unacceptable use of power strips (Daisy-chained, high-current draw devices, medical equipment)
- Missing junction box, light switch, or electrical outlet cover plates
- Extension cords in attics or being used for more than temporary use

K38 – Means of Egress

- The floor level on each side of the door must be level (In existing buildings there can be a grade change if the change is equal to that of one step)
- Delayed-egress devices require an instruction sign on the door with a delayed-egress device. -
- Delayed-egress devices must release upon activation of the fire alarm or within 15 seconds of an acceptable amount of force being applied to the door for no more than three seconds. Also, there can only be one delayed-egress device in a means of egress

- Doors leading to an enclosed or locked courtyard that are not exits or exit access or likely to be mistaken for an exit shall be identified by a NO EXIT sign.
- Means of egress must be clear and unobstructed at all times and useable in all weather conditions

K25 – Smoke Barriers

- Continuity of smoke barriers (Outside wall to outside wall or other smoke barrier, and from floor to roof or floor deck above)
- Properly fire-stopped penetrations (Existing penetrations must resist the passage of smoke. New penetrations need an approved through penetration system)
- Properly fire-stopped smoke barrier/floor joint systems (flutes of corrugated metal decks cannot be left open or be filled with only insulation or other loose filled material)
- Expandable weather foam and fiberglass insulation are not approved fire-stopping material (Fire rated expandable foam does not contain a fire resistance rating. It only has a flame spread rating)
- Firestop putty does not set and tends to sag and fall out of the penetration over time.
- Smoke barriers must be continuous to the roof deck of a roof/ceiling assembly

K50 – Fire Drills

- Fire drills must be documented (Time, date, transmission of alarm, etc.)
- Fire drills must be conducted at a frequency of one per shift per quarter
- Fire drills must be conducted under varying conditions (Time during shift, location, type of fire, etc.)

K56 – Sprinkler System Installation

- Sprinklers cannot be obstructed by other objects (light fixtures, ducts, cubicle curtains, storage)
- Sprinklers must be properly spaced from other sprinklers (Distance between two sprinklers should be between 6 feet and 15 feet)
- Unsupported sprinkler pipe arm-overs cannot exceed 24 inches for steel pipe (12 inches for copper pipe)
- Sprinkler pipes must be properly supported off the building structure (hangers must be properly spaced for size and type of pipe and all installed hangers must be maintained in their installed locations)
- All areas of a building must be sprinkler protected for a building to be considered fully sprinklered (Combustible overhangs greater than 4ft, elevator machine rooms, electrical rooms, walk-in coolers/freezers, hydraulic elevator shafts (new one) and closets are the most commonly omitted areas)

K52 – Testing of Fire Alarm System

Fire alarm panel not locked or key left in door (must be tamper proof)

Discrepancy in the number of initiating devices tested annually.

Fire alarm test report does not include all of the required information such as initiating device inventory,

Contacting the INHAA Office

Illinois Nursing Home Administrator Association Office

P.O. Box 4407, Oak Park, Illinois 60304

Phone: 708-800-6161 Fax: 708-848-4219 Email: tsullivan@inhaa.org

Association Coordinator: Terry Sullivan

Contacting INHAA Board Members

Contact Information for any of INHAA's board members can be found on the Board of Directors page at our website at www.inhaa.org.

Upcoming 2015 INHAA Events Calendar

March 18-19, 2015 Conference at the Par-A-Dice Hotel in East Peoria

June 17-18, 2015 Conference at the Chateau in Bloomington

August 5-6, 2015 Conference at the Par-A-Dice Hotel in East Peoria

November 17-18, 2015 Convention and Trade Show at the Crowne Plaza in Springfield

Administrator Licensing Information

Information about 2015 Administrator Licensure Examination dates and locations, Administrator Test Review Courses for 2015, Requirements for obtaining NHA Continuing Education Credits, and how to contact the Illinois Department of Financial and Professional Regulation (IDFPR) can be found on the IDFPR page at our website at www.inhaa.org.

Employment Alley

POSITIONS AVAILABLE:

Association Coordinator: Unique opportunity – The Illinois Nursing Home Administrator's Association (INHAA) is looking for a management individual or team to coordinate the operations of the association. The sole purpose of our association is to offer educational seminars four times a year aimed at long term care administrators, nurses and interested individuals.

This is a 12-month per year, part-time position and requires a strong sense of organization, professional and personal interactions and a working knowledge of planning and coordinating education seminars. There are 500+ members in the association who rely on this method of obtaining continuing education units (CEUs) necessary for obtaining and maintaining their State license. For detailed information on the organization, please visit our website at www.inhaa.org.

Submit curriculum vitae, letter of interest and questions to Lester Robertson, Search Committee Chair at 118 Edgewood Court, Auburn, IL 62615 or lesterrobertson1@yahoo.com. You will receive a detailed Job Description and salary parameters.

Full Time Administrator in Sterling: Our long term Administrator has decided to retire. Therefore, we are looking for a licensed Administrator in the Sterling, IL area. Applicants must be energetic, willing to get their hands dirty, and experienced with residents with a psychiatric diagnosis. If you have strength in operations, a desire to succeed, and love working to make the lives of others better, we want to talk to you about this opportunity. Interested parties, please send your resume to healthcare@hicaremanagement.com.

Long Term Care Administrator: Heritage Health in Springfield is seeking an energetic person to fill our leadership position of Administrator. This person would be responsible for overseeing the entire operations of our 178-bed, Medicare/Medicaid licensed facility. We are looking for someone who has great communication skills, a strong background in long term care rules and regulations, is active in the local community, and can create a memorable living environment for our residents and families. The ideal candidate must hold an active Illinois LTC Administrator's license in good standing, and have 5 – 7 years of experience as a nursing home administrator. Competitive Salary and Benefit package. Please apply online or send resumes to: Heritage Enterprises, Inc., Attn: Kiel Peregrin, 900 N. Rutledge, Springfield, IL. 62702 or online at www.HeritageOfCare.com.

DON opening in Carlinville: Requirements: RN licensed in the state of IL, 2 to 3 years experience as a DON working in a long term care facility, 2 years supervisory experience

working as a DON or ADON in a skilled nursing facility, demonstrated knowledge of federal and state survey process, stable work history, and good communication and leadership skills. Benefits include a comprehensive medical, dental and vision program; vacation, holidays and sick pay; 401K; life insurance; competitive salary and annual performance bonus. Send resume to Paul Kaufman at paul@healthcarestaffingdirect.com or call 866-466-4909.

Administrator for Effingham: Requirements: NHA licensed in the state of IL; 2 to 3 years experience working as an Administrator in a long term care facility; 2 years healthcare management experience; strong working knowledge of the public health survey process and its regulations; good leadership skills, communication and organizational skills. Benefits include a comprehensive medical, dental and vision program; vacation, holidays and sick pay; 401K; life insurance; competitive salary and annual performance bonus. Send resume to Paul Kaufman at paul@healthcarestaffingdirect.com or call 866-466-4909.

Administrator position near Carbondale: Requirements: NHA licensed in the state of IL; 2 to 3 years experience working as an Administrator in a long term care facility; 2 years healthcare management experience; strong working knowledge of the public health survey process and its regulations; good leadership skills, communication and organizational skills. Benefits include a comprehensive medical, dental and vision program; vacation, holidays and sick pay; 401K; life insurance; competitive salary and annual performance bonus. Send resume to Paul Kaufman at paul@healthcarestaffingdirect.com or call 866-466-4909.

SEEKING POSITION

Interim Administrator. Experienced administrator seeking short-term interim administrator position. Capable leader, knowledgeable of state and federal regulations, and proficient in the management of a short-term rehab unit or a long term care facility while you search for a permanent administrator or fill in for your current administrator during an extended leave of absence. Willing to accept assignment in any part of the state. Contact Harry C. Poole (618-806-2125 or hcpoole@gmail.com).

Employment Alley is published monthly for members and business members. The cost for nonmembers is \$30 a month - \$50 for two months - \$70 for three months. A business member listing is \$25 for one month - \$40 for two months - \$55 for three months. Send your approximate 55-word ad and payment to INHAA, PO Box 4407, Oak Park, IL 60304 or fax it to 708-848-4219. For further information call Terry Sullivan at 708-800-6161.



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to bring you a stronger liability insurance program
to save you money. We want to work with you to
create the best program for your needs.

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